

The power of prayer

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Mark 1:35

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

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Acts 1:14

They all joined together constantly in prayer, along with the women and Mary the mother of Jesus, and with his brothers.

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We pray to serve God. We pray to follow the example set by Jesus.

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Luke 6:12–13

One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles

The power of prayer

We pray before major
decisions

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Matthew 26:41

Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.

The power of prayer

Matthew 26:41

We pray to overcome
temptation

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1 John 5:14–15

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

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When we pray for what is God's will, he will give us what we pray for. Prayer is not to receive *our* will and what we want, but God's. God's wisdom is greater than ours.

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How often should a Christian pray and ask for guidance from God?

As much as you can!